Diabetes complications
Know the signs, know the response

Diabetes is expected to affect 1 in 9 people (640 million) by 2030.

Almost half of people living with diabetes are undiagnosed.

When diabetes is undetected and not well managed, it can lead to serious and potentially life-threatening complications.

A recent IDF survey* conducted among people living with diabetes, found that:

• 7 in 10 respondents were diagnosed as a result of complications.
• Over 9 in 10 had experienced at least one diabetes-related complication.
• Many were unaware of common complications like heart disease (47%) and stroke (65%).

*Research conducted in May 2023, consisting of 700 interviews with people living with diabetes in seven countries.

Diabetes-related complications can be prevented.

People living with diabetes must have access to correct information and the best available medicines and tools to support their self-care.

Healthcare professionals must have access to sufficient training and resources to detect diabetes and its complications early.

Achieving Universal Health Coverage is key to reducing the impact of diabetes and its complications.

Improve your diabetes knowledge at:
worlddiabetesday.org/understandingdiabetes

#WorldDiabetesDay #KnowYourRisk