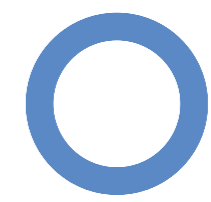


Diabetes complications

Know the signs, know the response



world diabetes day
14 November

Diabetes is expected to affect 1 in 9 people (640 million) by 2030.

Almost half of people living with diabetes are undiagnosed.

When diabetes is undetected and not well managed, it can lead to **serious and potentially life-threatening complications.**



CARDIOVASCULAR DISEASE



LOSS OF VISION



KIDNEY DISEASE



NERVE DAMAGE



ORAL COMPLICATIONS



COMPLICATIONS IN PREGNANCY

A recent IDF survey* conducted among people living with diabetes, found that:

- 7 in 10 respondents were diagnosed as a result of complications.
- Over 9 in 10 had experienced at least one diabetes-related complication.
- Many were unaware of common complications like heart disease (47%) and stroke (65%).

*Research conducted in May 2023, consisting of 700 interviews with people living with diabetes in seven countries.

Diabetes-related complications can be prevented.

People living with diabetes must have access to **correct information** and the **best available medicines and tools** to support their self-care.

Healthcare professionals must have access to **sufficient training and resources** to detect diabetes and its complications early.

Achieving **Universal Health Coverage** is key to **reducing the impact of diabetes and its complications.**



Improve your diabetes knowledge at:
worlddiabetesday.org/understandingdiabetes

#WorldDiabetesDay #KnowYourRisk



International
Diabetes
Federation