



Diabetes: Know your risk, Know your response

1 in 10 adults worldwide have diabetes. Over 90% have type 2 diabetes. Close to half are not yet diagnosed.

In many cases, type 2 diabetes and its complications can be delayed or prevented by adopting and maintaining healthy habits. Knowing your risk and what to do is important to support prevention, early diagnosis and timely treatment.

Do you know your risk?

Find out at:

worlddiabetesday.org/prevention

#WorldDiabetesDay #KnowYourRisk



world **diabetes** day
14 November