



# Diabetes: education to protect tomorrow

More than 90% of diabetes care is self-care.

Do you have the knowledge to make informed decisions?

**Take charge of your diabetes care**

Access free diabetes education:

[worlddiabetesday.org/understandingdiabetes](https://worlddiabetesday.org/understandingdiabetes)

[#WorldDiabetesDay](https://twitter.com/WorldDiabetesDay) [#EducationToProtect](https://twitter.com/EducationToProtect)

