DIABETES FACTS AND FIGURES
DIABETES FACTS AND FIGURES

DIABETES

- 463 million adults (1-in-11) were living with diabetes in 2019.
- The number of people living with diabetes is expected rise to 578 million by 2030.
- More than 3 in 4 people with diabetes live in low and middle-income countries.
- 1 in 6 live births (20 million) are affected by high blood glucose (hyperglycaemia) in pregnancy.
- Two-thirds of people with diabetes live in urban areas and three-quarters are of working age.
- 1 in 5 people with diabetes (136 million) are above 65 years old.
- Diabetes caused 4.2 million deaths in 2019.
- Diabetes was responsible for at least $760 billion in health expenditure in 2019 – 10% of the global total spent on healthcare.
- Depending on the global region, up to 50% people diagnosed with COVID-19 were living with diabetes.
- 1 in 2 adults with diabetes remain undiagnosed (232 million). The majority have type 2 diabetes.

ACCESS TO DIABETES CARE

- Tens of thousands of people with type 1 diabetes who need insulin to survive and more than 30 million with type 2 diabetes who require insulin do not have access to a reliable and affordable supply.
- In Africa, 86% of people with type 2 diabetes are unable to access the insulin they need.
- 63% of households in low-income countries are unable to afford insulin, along with 2.8% of households in high-income countries.
- 26.9% of households in low-income countries, and 0.7% of households in high-income countries, cannot afford the medication Metformin.