There are over 425 million people worldwide with diabetes.

Diabetes concerns every family. It is a leading cause of blindness, amputation, heart disease, kidney failure and early death.

1 in 3 people with diabetes will develop some form of vision loss during their lifetime. People with diabetes are up to three times more likely to develop cardiovascular disease.

Kidney failure is ten times more common in people with diabetes.

A lower limb is lost to diabetes somewhere in the world every 30 seconds.

Diabetes is serious but much can be done to reduce the impact.

The majority of type 2 diabetes is preventable and complications can be avoided with good management and care.

Learn how at www.worlddiabetesday.org/manage #WorldDiabetesDay