



International
Diabetes
Federation



world diabetes day
14 November

DIABETES: PROTECT YOUR FAMILY



More people are developing diabetes and are at risk of life-threatening complications. However, the majority of type 2 diabetes is preventable and complications can be avoided with good management and care.

Learn how at

www.worlddiabetesday.org/manage
[#WorldDiabetesDay](https://twitter.com/WorldDiabetesDay)

every

8

seconds

someone dies
from diabetes